

CAN'T SIT STILL RUN/WALK

**SUNDAY,
APRIL 28, 2024
9:00 AM**



**PANHANDLE TRAIL
COLLIER TOWNSHIP,
PA**



Hosted by the Pennsylvania Tourette Syndrome Alliance, Inc., which provides information, education, support and disability advocacy for individuals with Tourette Syndrome and their family members.

Parking available at
110 Noblestown Road, Carnegie, PA 15106
(Municipal Yard).

**Registration \$30 for 5K
\$20 for One Mile
Deadline (to guarantee T-shirt):
April 8, 2024**

Beautiful, measured, professionally timed 5K
course on Panhandle Trail.

Awards for 5K top-3 male & female finishers

**8:00-8:45am Check In
9:00am 5K Run/Walk
9:15am One Mile Run/Walk**

Register online at
<https://bit.ly/patsaspringrun>
or by completing and returning
the form below



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Mail Registraton & payment by 4/8/2024 to: PATSA 18 High St. #68, Hanover, PA 17331

First Name: _____ **Last Name:** _____

Email: _____ **Phone:** _____

Age on race day: _____ **Gender:** M F **Race to enter:** 5K or One Mile

T-shirt Size: YS____ YM____ YL____ XS____ S____ M____ L____ XL____ 2XL____

Waiver and Release of Liability: by signing below I hereby waive all claims against the Commonwealth of Pennsylvania, Trail, the PA Tourette Syndrome Alliance, sponsors, volunteers or representatives for any injury that I may suffer at this event or any disease I may contract. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs and quotes from me in legitimate accounts and promotions of this event in the future.

Signature (parent or guardian if under 18): _____ **Date:** _____

Race benefits the PA Tourette Syndrome Alliance, a statewide non-profit dedicated to providing information, education and disability advocacy for those with this inherited, neurological condition.

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Your host:



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