

## Lower Perkiomen Valley Park 101 New Mill Rd. Oaks, PA 19456

All 5K participants will receive a FREE single attractions pass to your choice of any of the regular attractions at:







Beautiful, measured, professionally timed 5K course on Audubon Trail.

Awards for 5K top-3 male & female finishers and certificates for the first place finishers in each age group category.

9:00 am Check In 10:00 am 5K Run/Walk 9:15am One Mile Run/Walk

Deadline (to guarantee T-shirt): October 6, 2023

Mail Registraton & payment by 10/6/2023 to: PATSA 18 High St. #68, Hanover, PA 17331 or register online at: https://bit.ly/patsarun

First Name:	Last Name:								
Emai	Phone:								
Age on race day:	Ge	nder	ΜF	F Race to enter: 5K or One Mile					
T-shirt Size: YS_	YM	YL	XS	S	M	L	XL	2XL	

Waiver and Release of Liability: by signing below I hereby waive all claims against the Commonwealth of Pennsylvania, Trail, the PA Tourette Syndrome Alliance, sponsors, volunteers or representatives for any injury that I may suffer at this event or any disease I may contract. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs and quotes from me in legitimate accounts and promotions of this event in the future.

Signature (parent or guardian if under 18):

Date:

Race benefits the PA Tourette Syndrome Alliance, a statewide non-profit dedicated to providing information, education and disability advocacy for those with this inherited, neurological condition.