

WHAT IS TOURETTE SYNDROME?

TOURETTE SYNDROME IS A BRAIN DISORDER
THAT IS INHERITED FROM PARENTS,
WHICH CAUSES A PERSON TO HAVE TICS.
TOURETTE SYNDROME BEGINS IN CHILDHOOD
AND IS A LIFELONG DISORDER.

WHAT IS A TIC?

A TIC IS A SUDDEN, RAPID, INVOLUNTARY,
REPETITIVE MOVEMENT OR SOUND.

INCREASE WITH STRESS

LESS NOTICEABLE DURING SLEEP

**CAN SOMETIMES BE BRIEFLY STOPPED, BUT
ULTIMATELY INVOLUNTARY**

CALM DURING INTERESTING ACTIVITIES

COME AND GO

**A TIC
CAN BE ANY
MOVEMENT OR
SOUND!**

SOME COMMON TICS:

BLINKING

MOVING HEAD

LIP SMACKING

ROLLING EYES

SQUINTING

HOPPING

JUMPING

THROAT CLEARING

SNIFFING

COUGHING

GRUNTING

YELLING

REPEATING WORDS

BARKING

**FOR MORE INFORMATION ON TS
CONTACT THE PENNSYLVANIA
TOURETTE SYNDROME ALLIANCE:**

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**WHO HAS
TOURETTE
SYNDROME?**

**3 IN EVERY 1,000
CHILDREN
HAVE TS.**

I HAVE TOURETTE SYNDROME!

MY NAME IS:

I AM IN GRADE:

WHEN YOU SEE ME, SAY HI!

WHAT OTHER DISORDERS ARE RELATED TO TOURETTES?

OBSESSIVE-COMPULSIVE DISORDER (OCD)

ATTENTION DEFICIT DISORDER (ADD)

**ATTENTION DEFICIT DISORDER WITH HYPERACTIVITY
(ADHD)**

LEARNING DISABILITIES (LD)

MOOD DISORDERS