

WHAT IS TOURETTE SYNDROME?

TOURETTE SYNDROME IS AN INHERITED, NEUROLOGICAL DISORDER, CHARACTERIZED BY TICS— QUICK, INVOLUNTARY MOVEMENTS AND VOCALIZATIONS THAT OCCUR REPEATEDLY AND WAX AND WANE IN FREQUENCY. TOURETTE SYNDROME BEGINS IN CHILDHOOD AND IS A LIFELONG DISORDER.

WHAT IS A TIC?

A TIC IS A SUDDEN, RAPID, INVOLUNTARY, REPETITIVE MOVEMENT OR VOCALIZATION.

INCREASE WITH ANXIETY

LESS NOTICEABLE DURING SLEEP

BRIEFLY SUPPRESSIBLE, BUT ULTIMATELY INVOLUNTARY

CALM DURING ABSORBING ACTIVITIES

WAX AND WANE

**A TIC
CAN BE ANY
MOVEMENT OR
SOUND!**

SOME COMMON TICS:

BLINKING

MOVING HEAD

LIP SMACKING

ROLLING EYES

SQUINTING

HOPPING

JUMPING

THROAT CLEARING

SNIFFING

COUGHING

GRUNTING

YELLING

REPEATING WORDS

BARKING

**FOR MORE INFORMATION ON TS
CONTACT THE PENNSYLVANIA
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**WHO HAS
TOURETTE
SYNDROME?**

**3 IN EVERY 1,000
CHILDREN
HAVE TS.**

I HAVE TOURETTE SYNDROME!

MY NAME IS:

I AM IN GRADE:

WHEN YOU SEE ME, SAY HI!

WHAT OTHER DISORDERS ARE RELATED TO TOURETTES?

OBSESSIVE-COMPULSIVE DISORDER (OCD)

ATTENTION DEFICIT DISORDER (ADD)

**ATTENTION DEFICIT DISORDER WITH HYPERACTIVITY
(ADHD)**

LEARNING DISABILITIES (LD)

MOOD DISORDERS