

# WHAT IS TOURETTE SYNDROME?

TOURETTE SYNDROME IS AN INHERITED, NEUROLOGICAL DISORDER, CHARACTERIZED BY TICS— QUICK, INVOLUNTARY MOVEMENTS AND VOCALIZATIONS THAT OCCUR REPEATEDLY AND WAX AND WANE IN FREQUENCY. TOURETTE SYNDROME BEGINS IN CHILDHOOD AND IS A LIFELONG DISORDER.

# WHAT IS A TIC?

A TIC IS A SUDDEN, RAPID, INVOLUNTARY, REPETITIVE MOVEMENT OR VOCALIZATION.

\*\*INCREASE WITH ANXIETY\*\*

\*\*LESS NOTICEABLE DURING SLEEP\*\*

\*\*BRIEFLY SUPPRESSIBLE, BUT ULTIMATELY INVOLUNTARY\*\*

\*\*CALM DURING ABSORBING ACTIVITIES\*\*

\*\*WAX AND WANE\*\*

**A TIC  
CAN BE ANY  
MOVEMENT OR  
SOUND!**

**FOR MORE INFORMATION ON TS  
CONTACT THE PENNSYLVANIA  
TOURETTE SYNDROME ALLIANCE:**

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**WHO HAS  
TOURETTE  
SYNDROME?**

**3 IN EVERY 1,000  
CHILDREN  
HAVE TS.**

# **WHAT OTHER DISORDERS ARE RELATED TO TOURETTES?**

**OBSESSIVE-COMPULSIVE DISORDER (OCD)**

**ATTENTION DEFICIT DISORDER (ADD)**

**ATTENTION DEFICIT DISORDER WITH HYPERACTIVITY  
(ADHD)**

**LEARNING DISABILITIES (LD)**

**MOOD DISORDERS**